



SYLLABUS

THIS IS A REGIONAL FEIS OPEN TO RCCEA DANCERS ONLY

REGISTRATIONS OPEN 8-15 JANUARY 2021

VIDEO SUBMISSIONS OPEN 16-18 JANUARY 2021

RESULTS ANNOUNCED VIA QUICKFEIS.COM

Adjudicators

- Marcus Maloney ADCRG Leinster, Ireland
- James McCutcheon SDCRG Glasgow, Scotland
- Stephen Scariff ADCRG, Western Region USA
- Chris Ryan ADCRG, Cork Ireland
- Vinny O'Connor SDCRG, Western Region, USA
- Annmarie Acosta Williams, Mid Atlantic, USA

Musician

Recordings provided by Sean O'Brien, Canada



HOW DOES IT WORK?

- READ THIS SYLLABUS IN DETAIL - As this is our first online Feis, it's important that all participants understand the format and requirements. Failure to follow the guidelines will result in your dancer being disqualified.
- REGISTER AND PAY - Register and pay online at www.quickFeis.com for the feis up to end of day 15 January. As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- PRACTICE AND FILM YOUR VIDEOS
 - Use a **smartphone** to film the video
 - You must wear your **dancer number**
 - Must be in **landscape** mode
 - Dancer must be alone in video
 - Music must be clear
 - Create a separate video for each dance
 - No editing allowed
 - See additional guidelines below
- UPLOAD YOUR VIDEOS – starting from 16 January, go to www.VideoFeis.com, log in with your QuickFeis account, and upload your videos.
 - You may begin to upload your video no sooner than JAN 16
 - You will be asked whether your video is in LARGE or SMALL stage format -
 - LARGE = 2.5m x 2.5m or bigger
 - SMALL = 2.5m x 2.5m or smaller
 - **ALL videos must be uploaded by 8:00 pm ETZ(Eastern time zone) JAN 18th 2021.**
- ADJUDICATION AND RESULTS
 - All videos will be securely viewed by adjudicator(s) who will score and give comments.
 - QuickFeis will tabulate all scores
 - All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
 - All results will be tabulated and posted on QuickFeis website.

FEES AND PAYMENT

- **Full payment due at time of registration.** *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of the online registration period.
- Payment accepted in Euros only
 - Online registration will accept credit card/PayPal payment only.
 - No checks will be accepted at any time.
- Grades fee: **€4.00** PER dancer PER dance
- Preliminary Championship fee: **€16.50** PER dancer
- Open Champ fees: **€24** PER dancer
- Online registration will close on **JAN 15th 2021 at 8pm ETZ(Eastern time zone)**. Afterwards no additional registrations or changes will be accepted.
- **NO LATE ENTRIES OR LATE PAYMENTS, NO EXCEPTIONS**
- **ABSOLUTELY NO REFUNDS**
- It is the intention of the feis committee that this will be a non-profit event. If however, any profit is made, profits shall be paid to RCCEA in order to enable the running of similar events in the future.

ADJUDICATORS

- All judges will be from outside of RCCEA's region.
- Registered and vetted ADCRGs in good standing with CLRG will be contracted to adjudicate and are subject to all rules and regulations of CLRG
- Grades competitions will be judged by one judge. Prelim and Open Championship competitions will be judged by 3 judges
- ADCRGs have completed an agreement to protect intellectual property and privacy, and will not be allowed to record or retain any video footage or choreography
- Adjudicator names will be announced prior to commencement of judging

FEIS RULES

- RCCEA Feis rules will apply to this online feis. An update will be available on the RCCEA website in the new year www.europeirishdancing.com.
- A PARENT/GUARDIAN or dancer over the age of 18 must sign an online waiver as part of their registration
- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority. Ensure the dance space is safe, uncluttered, and not slippery
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely delivered to the adjudicators via VIDEO FEIS
- **Videos will be permanently deleted 7 days after the competition results have been announced**
- All videos are by default marked as PRIVATE unless consent is given per above
- INDEMNIFICATION AND RELEASE OF LIABILITY: By registering and paying for this feis, you indemnify and hold harmless RCCEA, CLRG, QuickFeis and Video Feis and its staff or assigns from liability or injury related to their participation in this competition. Registrants must be in good physical health and not under medical advice that would prevent them from participating in physical activity. Parents, teachers or supervisors are responsible for ensuring the safety and wellbeing of dancers at all times before, during and after filming their submissions. Parents (or dancers over 18) must indicate that they understand, accept and agree to these conditions at the time of registration.
- RCCEA GRADING RULES
 1. Beginners Grade competitions are confined to dancers who have never won 1st or 2nd prize (also 3rd prize, please refer to rule 3) in any competition for that particular dance. In Beginners Grade competitions only basic steps may be performed.
 2. Primary Grade competitions are confined to dancers who have never won 1st prize (or 2nd prize, please refer to rule 4) for that particular dance other than in Beginners Grade.
 3. If a Beginner competition has 6 or more dancers, the first two places advance to the next grade, regardless of ties. If a Beginner competition has 11 dancers or more, then the first 3 places advance to the next grade regardless of ties. (RTME/RCCEA ruling Sept. 2007).
 4. If a Primary competition has 6 or more dancers, the first place advances to the next grade. If a Primary competition has 11 or more, the first and second places advance to the next grade, regardless of ties (RTME/RCCEA ruling June 2011).
 5. Where there are five dancers or less for Beginners, Primary and Intermediate competitions, the results will not affect their grading.

6. Intermediate Grade competitions are open to all dancers who have not previously won first prize for that particular dance in Intermediate or Open Grades under the same or higher age limits. If a dancer in RCCEA's regions wins in Intermediate, they must advance into Championships for the rest of the calendar year. If they do not win in Championships, they may return to Intermediate at the start of the next calendar year. (RTME/RCCEA ruling Sept. 2007).
7. Dancers must win 2 preliminary championships within a calendar year to move up. Placement in the regional Oireachtas or any Open Championships in our region will not restrict dancers from competing in a Preliminary Championship outside of our region (RCCEA ruling Dec 2019).

COSTUME RULES

- All rules as per [CLRG Costume policies](#)
- Dancer may wear Solo or Team Costumes, or;
- White or black short sleeve t-shirt, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
- Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
- No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
- Correct Soft and Hard Shoes and proper socks or tights must be worn at all times. No carriage aids allowed
- Natural hair or wigs are allowed, hair must be off dancer's face
- Makeup optional for dancers U11 age group and above

COMPETITION NUMBERING

The following numbering system is used in this syllabus:

1st digit	Level Category: 2 = Beginners (Bun Grad), 4 = Primary (Tus Grad), 5 = Intermediate (Mean Grad), 6 = Preliminary Championships, and 7 = Open Championships
2nd and 3rd digits	Age Group: "08" means Under 8, "10" means under 10
4th and 5th digits (Letters)	Type of dance: RL =REEL SN =SINGLEJIG LJ =LIGHTJIG SJ =SLIPJIG TJ = TREBLE JIG (Heavy Jig) HP = HORNPIPE TS = TRADITIONAL SET SD = SET DANCE

- For example, 208RL would be the Beginners, U8, Reel.
- This is not the dancer number, this is the section or competition number.

AGE GROUPS: A dancer's age group is determined by YEAR the competitor was born.

2021	U6	U7	U9	U11	U13	U15	U17	U19	U21	21-30	31-40	40&O
Born in:	2015 or later	2014	2012 or 2013	2010 or 2011	2008 or 2009	2006 or 2007	2004 or 2005	2002 or 2003	2000 or 2001	1991 to 1999	1981 to 1990	1980 or earlier

COMPETITIONS

ALL SOLO DANCES ARE 32 BARS IN DURATION

BEGINNER/BUN GRAD

	U6	U7	U9	U11	U13	U15	U19	U30	U40	40&O
REEL	206RL	207RL	209RL	211RL	213RL	215RL	219RL	230RL	240RL	241RL
LIGHT JIG	206LJ	207LJ	209LJ	211LJ	213LJ	215LJ	219LJ	230LJ	240LJ	241LJ
SINGLE JIG	206SN	207SN	209SN	211SN	213SN	215SN	219SN	230SN	240SN	241SN
SLIPJIG	206SJ	207SJ	209SJ	211SJ	213SJ	215SJ	219SJ	230SJ	240SJ	241SJ
TREBLE JIG		207TJ	209TJ	211TJ	213TJ	215TJ	219TJ	230TJ	240TJ	241TJ
HORNPIPE		207HP	209HP	211HP	213HP	215HP	219HP	230HP	240HP	241HP

PRIMARY/TUS GRAD

	U7	U9	U11	U13	U15	U19	U30	U40	40&O
REEL	407RL	409RL	411RL	413RL	415RL	419RL	430RL	440RL	441RL
LIGHT JIG	407LJ	409LJ	411LJ	413LJ	415LJ	419LJ	430LJ	440LJ	441LJ
SINGLE JIG	407SN	409SN	411SN	413SN	415SN	419SN	430SN	430SN	430SN
SLIPJIG	407SJ	409SJ	411SJ	413SJ	415SJ	419SJ	420SJ	440SJ	441SJ
TREBLE JIG	407TJ	409TJ	411TJ	413TJ	415TJ	419TJ	430TJ	440TJ	441TJ
HORNPIPE	407HP	409HP	411HP	413HP	415HP	419HP	430HP	440HP	441HP
TRADITIONAL SET	407TS	409TS	411TS	413TS	415TS	419TS	430TS	440TS	441TS

INTERMEDIATE/MEAN GRAD

	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>U19</u>	<u>U30</u>	<u>30&O</u> <u>O30</u>
REEL	509RL	511RL	513RL	515RL	517RL	519RL	530RL	531RL
LIGHT JIG	509LJ	511LJ	513LJ	515LJ	517LJ	519LJ	530LJ	531LJ
SLIPJIG	509SJ	511SJ	513SJ	515SJ	517SJ	519SJ	530SJ	531SJ
TREBLE JIG	509TJ	511TJ	513TJ	515TJ	517TJ	519TJ	530TJ	531TJ
HORNPIPE	509HP	511HP	513HP	515HP	517HP	519HP	530HP	531HP
TRADITIONAL SET	509TS	511TS	513TS	515TS	517TS	519TS	530TS	531TS

- Age groups may be combined due to low numbers
- Dancers may dance the same dance in more than one level

PRELIMINARY CHAMPIONSHIP/PRÍOMH COMORTAS

	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>U19</u>	<u>19 to 30</u> <u>U30</u>	<u>30&O</u> <u>O30</u>
PRELIM CHAMPIONSHIP	609PC	611PC	613PC	615PC	617PC	619PC	630PC	699PC
OPTIONAL SET DANCE*	609SD	611SD	613SD	615SD	617SD	619SD	630SD	699SD

ROUND 1: 32 BARS HEAVY JIG OR HORNPIPE
ROUND 2: 32 BARS OF REEL OR SLIP JIG
OPTIONAL: NON-TRADITIONAL SET DANCE of choice
 (or trad set for U9 and adults over 19)

- * The optional PC set dance is NOT included in your PC fee, it will be charged just like the grades competitions. PC set dances will be adjudicated by a single judge.

OPEN CHAMPIONSHIP/ARD GRAD

	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>U19</u>	<u>U21</u>	<u>21&O</u>
OPEN CHAMPIONSHIP	709OC	711OC	713OC	715OC	717OC	719OC	721OC	722OC

ROUND 1: 32 BARS HEAVY JIG OR HORNPIPE
ROUND 2: 32 BARS OF REEL OR SLIP JIG
ROUND 3: NON-TRADITIONAL SET OF CHOICE (or trad set for U9)

- Please note all championships are mixed unless entries are received from 3 or more boys in a double age group.
- U9 - Reel, Heavy Jig/Light jig and any traditional set

VIDEO RULES

- Parents of dancers will only be allowed to submit videos for competitions they have entered and paid for.
 - Grades dancers will submit **one video per dance** competition
 - Prelim championship dancers will submit two videos (one soft shoe + one hard shoe)
 - Open championship dancers will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video. Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - webm video format will not be accepted
 - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor (avoid being on the side)
 - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image)
- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video should start no later than 2 seconds after the beginning of the music intro, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.



COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to our RCCEA regional syllabus rules.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER AT ALL TIMES DURING THE VIDEO**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance 32 bars (unless dancing a set dance/traditional set dance).
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed, no other form of coaching is allowed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet).
- Dancers are encouraged to dance on whatever space is available to them.
- Area should be well lit so that the dancer is clearly visible throughout the video.
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

MUSIC / SOUND

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All music will be as provided by the Feis
Music will be provided by our New Year Online Feis musician Sean O'Brien.
- The music link will be in your QuickFeis dashboard along with your dancer competitor number after your entry is paid.
- Dancers MUST use this music on their recordings. If you have any issues accessing this playlist please contact RCCEA.
- **Music must be loud enough to hear on the video**
- Music may not be modified, slowed down, cut or have any other sound effects applied
- No other sound except the music and dancer's shoes should be heard on the video
 - No talking, No singing along, No coaching
- The cost of music is covered by the feis organisers paying a fee to the musician / publisher and there is no cost to dancers for using the music.
- By participating in this online feis, you will be given a link to a bespoke, playlist performance – the performance is provided by artist Sean O'Brien. All music has been licensed for this feis and there are no copyright issues, as long as the music is only used for the purpose of preparing and recording videos for this particular feis. Do not record or steal the music, or post the music online for any reason
- The link will be private and only for personal use by the registered dancer and their teacher for the purposes of participating in this online feis event
- A variety of popular sets will be pre-recorded for Open dancers. If your set does not appear please contact RCCEA.

MUSIC SPEEDS

	Beginner	Primary	Intermediate	Open
Reel	122/124	116/118	113	113
Light Jig	116	116	116	
Single Jig	123	123	121	
Slipjig	121	118	113	113
Hornpipe	142	130	113	113
Treble Jig	89	79	73	73

Traditional Sets	Traditional Speed
St Patrick's Day	94
Blackbird	144
Job of Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- Dancers will see their raw scores, rank, and comments
- Every dancer will receive a certificate and detailed comment sheets.

ADJUDICATION

- The feis organizers will hire the adjudicators it wishes. All adjudicators will be from outside of RCCEA's region.
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition
- In matters pertaining to judging, the decision of the adjudicators is final
- Grades competitions will be judged by one judge. Prelim and Open Championship competitions will be judged by 3 judges
- ADCRGs have completed an agreement to protect intellectual property and privacy, and will not be allowed to record or retain any video footage or choreography
- Adjudicator names will be announced prior to commencement of registration.

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
 - Feis Adjudicator(s)
 - Feis Organizer(s)
 - School dance teacher(s) (of that dancer)
 - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis. By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and may be denied for VideoFeis to use the videos for:
 - Winner's or showcase video compilation to be posted online
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release the dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

**WE HOPE THAT THE DANCERS TRULY ENJOY
PARTICIPATING IN RCCEA'S FIRST ONLINE FEIS!
THANK YOU TO ALL PARTICIPATING SCHOOLS AND
ADJUDICATORS. WE MUST ALL CONTINUE TO
#IRISHDANCETOGETHER THROUGH COVID-19
Best of Luck to all Competitors!**

Please contact RCCEA.Secretary@gmail.com with any queries, questions or clarifications.
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