



VIDEO RECORDING AND UPLOADING SAT MAY 29 – WED JUNE 02 2021

Online Feis hosted by

VideoFeis 

www.videofeis.com

Online registration and tabulation with



www.QUICKFEIS.com

Online registration
will end on **MAY 27**

For all inquiries regarding this feis
MIDATLANTICOIREAHTAS@GMAIL.COM

**THIS IS A REGIONAL FEIS OPEN
ONLY TO DANCERS FROM THE
MID ATLANTIC IRISH
DANCE REGION**

HOW DOES THIS WORK

- Register and pay online at www.quickfeis.com for the feis up to end of day MAY 27
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- **As soon as you have your dancer card** you can start recording your videos
 - **You must USE music that is provided by feis**
 - Use your **smartphone** for the video
 - You must wear your **dancer number during the entire video**
 - Video must be in **landscape** mode
 - Dancer must be **alone** in video
 - **Music** must be clear in video recording
 - Create a separate video for each dance
 - No editing allowed
 - See additional guidelines below
- STARTING MAY 29 go to **VIDEOFEIS**, log in with your QuickFeis account - and upload all your videos
 - You may begin to upload your video no sooner than MAY 29
 - **ALL videos must be uploaded by 8:00 pm JUNE 02 (EST)**
 - It is the dancer's responsibility to ensure that correct videos are uploaded for each competition. Neither the feis organizers, QuickFeis, nor VideoFeis will make any video corrections after video upload period is closed. Any incorrectly uploaded videos (reel instead of a hornpipe, soft shoe instead of a set, ...) will receive a score of ZERO.
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!

TIMING

REGISTRATIONS OPEN TO MAY 27 2021
RECORD VIDEOS – when you have your Dancer #
VIDEO SUBMISSIONS OPEN MAY 29 to JUNE 02 2021
ADJUDICATION JUNE 04 to JUNE 06 2021
RESULTS ANNOUNCED VIA QUICKFEIS.COM

ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- US Funds ONLY will be accepted
 - Online registration will accept credit card payment only.
 - Sorry - no checks will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on MAY 27
- Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

FEIS FEES:

Grades & PC Sets	\$ 15 <i>per competition & per competitor</i>
Preliminary Championship (2 rounds)	\$ 50 <i>per dancer</i>
Open Championship (3 rounds)	\$ 60 <i>per dancer</i>

FEIS MUSIC BY ANNMARIE ACOSTA

The Mid Atlantic Region is proud to offer all feis music by Annmarie Acosta!

- An internet link for feis music will be provided – please see feis website
- All dancers may ONLY use this music in their recorded videos
- A link will be provided for you to register any missing set dances and speeds you need.
- A separate email address will be provided if you encounter any issues with the music to help you



FEIS RULES:

- A PARENT/GUARDIAN or dancer over the age of 18 must sign an online waiver as part of their registration
- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority. Ensure the dance space is safe, uncluttered, and not slippery
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- Videos will be permanently deleted 7 days after the competition results have been announced
- All videos are by default marked as PRIVATE unless consent is given per above
- Grades, PC and OC competitions will be combined if less than 5 dancers are registered
- All grade and preliminary championship competitions will split at 20.
- All open championship competitions will split at 30
- **It is the dancer's responsibility to ensure that correct videos are uploaded for each competition. Neither the feis organizers, QuickFeis, nor VideoFeis will make any video corrections after video upload period is closed. Any incorrectly uploaded videos (reel instead of a hornpipe, soft shoe instead of a set, ...) will receive a score of ZERO.**
- **COSTUMES**
 - All rules as per CLRG Costume policies
 - Dancer may wear Solo or Team Costumes, or; White or black short sleeve t-shirt, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
 - Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
 - No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
 - Correct Soft and Hard Shoes and proper socks or tights must be worn at all times.
 - No carriage aids allowed
 - Natural hair or wigs are allowed, hair must be off dancer's face
 - Makeup optional for dancers U11 age group and above
 - **You must wear your dancer number at all times during your video – failing to wear your number may disqualify your video!**



GRADES will be split at 20

NOVICE GRADE

A Novice is a dancer who has previously won a 1st , 2nd or 3rd in Advanced Beginner. A novice who wins a 1st place will advance to the Prizewinner category in that particular dance the next year

<i>Boys and Girls</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>Q14</u>	<u>ADULTS</u>
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	499RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	499LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	499SJ
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	499TJ
*HORPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	499HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	499TS

PRIZE WINNER

A prizewinner is a dancer who has previously won a 1st in Novice in a particular dance.

<i>Boys and Girls</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>Q14</u>	<u>ADULTS</u>
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	599RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	599SJ
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	599TJ
*HORPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	599HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	599TS

PC and OC competitions will be combined if less than 5 dancers registered
PC will be split at 20 – OC will be split at 30

PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championships will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

<i>Boys and Girls</i>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>	<u>ADULT</u>
Preliminary Championship	608PC	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC	699PC
PC Set Dance (\$15)	608SD	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD	699SD
	Traditional set only					Contemporary OPEN set						

OPEN CHAMPIONSHIP – 3 ROUNDS

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.

Open Championships will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

OPEN CHAMPIONSHIP	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>O18</u>
Girls / Ladies	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC
Boys / Gentlemen	759OC	760OC	761OC	762OC	763OC	764OC	765OC	766OC	767OC	768OC	769OC

VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
 - Grades will submit one video per dance competition
 - Championship will submit separate videos for each round of competition.
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This **DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis**. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- Photos of dancers in costume and/or reference to this competition/age group/competitor number are not allowed on social media or to be shared with anyone before or during the feis. Any dancer found to have shared photos or videos during the feis will be disqualified.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER SHOULD BE VISIBLE IN THE VIDEO –** Teachers/parents/pets/others may NOT be in the video
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video. Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - webm video format will not be accepted
 - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor
 - Videographer can pan side to side to keep the dancer's full body within the video frame
 - Videographer should not move along with the dancer – keep the camera still with the exception of panning side to side as needed.
- **Video MUST be in LANDSCAPE mode** (not portrait mode – see image) Videos that are not in landscape mode may be disqualified.

Portrait



Landscape


- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video should be cropped/trimmed with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- **IT IS THE DANCER'S RESPONSIBILITY TO ENSURE THAT THE CORRECT VIDEOS ARE UPLOADED FOR EACH COMPETITION**
 - If a video is uploaded to the wrong competition (for example a Reel video uploaded to a Hornpipe competition, or a hard shoe video uploaded to a soft shoe round) **it will be given a score of ZERO**.
 - Dancers will have the ability to view their uploaded videos **during the video upload period** to ensure that the correct videos are uploaded. And if there is an error, they will have the opportunity to make corrections by deleting their video and uploading the correct one **DURING the video uploading period ONLY**
 - Neither the feis nor VideoFeis will review the videos before they are presented to the judges
 - Neither the feis nor VideoFeis will make any video corrections or "switches" after the video upload period is completed.
- The feis reserves the right to refuse any video for any infraction of technical or rules reason.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video

COMPETITION RULES

- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed – no other form of coaching is allowed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

MUSIC / SOUND

- Dancers must use the music provided by the feis. Please see page 2 for additional information.
- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
 - No speed variations is allowed
 - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
 - **No talking**
 - **No singing along**
 - **No coaching**

RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation.
- QuickFeis will tabulate and post all results on the QuickFeis website.
- School/Class feis results are limited to be viewed only by their school. Outsiders will not be able to view these results.
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

ADJUDICATION

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
 - Feis Adjudicator(s)
 - Feis Organizer(s)
 - School dance teacher(s) (of that dancer)
 - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
 - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release the dance school, teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.