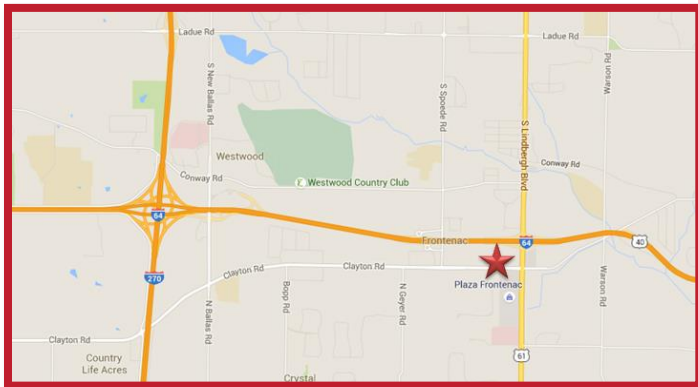




**Sunday
July 29, 2018**

**St. Louis Hilton Frontenac
1335 S. Lindbergh Blvd.
St. Louis MO 63131**



FRIENDSHIP FEIS INFORMATION

Online registration opens from
Mar 15 to July 14

www.QuickFeis.com

600 Beginners-Open/Prizewinner
150 Preliminary/Open Champions

Feis Registration
Saturday Evening: 6:30 pm - 8:00 pm
Sunday Morning: 8:00 am

**This is a "no costume, no wig, no fuss feis".
Black and white attire only!**

Further Details to be Posted on Feis Website

Feis Begins Promptly at **8:00 am**

Music, Art, and Craft Competitions:
Sunday from 9:00 am - 11:00 am

**After July 14 all registration and changes
must be done in person at the Feis**

2018 NAFC CHAMPIONSHIPS

**2018 Music Scholarship Championships
15 and over James Brennan Music Scholarship
Championship will be held at the Rochester Feis on
July 14, 2018
(alternate is Hotlanta Feis 11/18/18)**

**Under 15 Edward Callaghan Music Scholarship
Championship will be held at the Flower City Feis on
October 7, 2018
(alternate is Feis ATL 11/17/18)**

NAFC COMMISSION

Member of the North American Feis Commission
President: Lori Seeman
president@northamericanfeiscommission.org

Member of
An Coimisiun, Dublin, Ireland

St. Louis Friendship Feis

REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration
Online registration will accept credit card payment only
Sorry - no checks will be accepted at any time.

REGULAR FEES Mar 15 to Jul 20

Solo Dancing
Music / Adult **\$ 9** per competitor per competition

Preliminary Championship
Open Championship **\$ 40** per competitor

Figures / Ceili **TEAM FEE**
(see details in figure/ceili section)

Family Max **\$ 100** per family up to July 14
(no family max after July 14)

Event Fee
(per family) **\$ 15** per family
(not included in Family Max)

Rock'N Reel
SATURDAY Competition **\$ 9** per competitor per comp
(not included in Family Max)

Individual Results **FREE**

LATE FEES

After Jul 20, any changes or new registrations must be made **AT THE FEIS** and will incur these late fees **IN ADDITION TO THE REGULAR FEES ABOVE**

Credit card or cash only.

Sorry - no checks will be accepted at any time.

****NO FAMILY MAX AFTER JUL 20**

	<u>QUICKFEIS</u> Mar 15 to Jul 20	<u>IN PERSON</u> At the Feis
CHANGE Fee – per competitor	NONE	\$ 25
NEW Registration Fee per competitor	NONE	\$ 50

REGISTRATION RULES

- Payment must be made at the time of registration.
- Entries are not valid until full payment is received.
- No personal checks will be accepted at any time.
- From Mar 15 to Jul 20 all registration must be done with QuickFeis. No mailed entries will be accepted.

FRIENDSHIP FEIS RULES

1. Registration changes can only be made:
 - a. Mar 15 – Jul 20 - ONLINE ONLY with QuickFeis – return to your account and up to Jul 20 you can make your own changes for FREE.
 - b. After Jul 20, all changes must be made AT THE FEIS and will incur an additional change fee of \$25 to any regular fees.
2. Absolutely NO REFUNDS will be made.
3. No CHECKS or mailed entries will be accepted
4. All registrations must be with QuickFeis up to Jul 20. After Jul 20, if the Feis has not capped, new registrations will be accepted AT THE FEIS ONLY with an additional late fee of \$50 per dancer.
5. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area; champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account

**ABSOLUTELY NO REFUNDS
OF ANY KIND AT ANY TIME**

HOTEL INFORMATION:

St. Louis Hilton Frontenac

(Feis uses this hotel's conference facilities)

1335 South Lindbergh Blvd

St. Louis, MO 63131

(314) 993-1100

(800) 325-7800

- Complimentary hotel shuttle service to/from Lambert Airport is available (7am-11pm) .
- Parking is Free .
- Outdoor Pool - Fitness Center - Sauna .
- Reservations can be made by calling hotel directly at (314) 993-1100.
- Ask for the St Louis Friendship Feis room block.
- Feis rate available until July 10, 2018.

St. Louis Friendship Feis

NUMBERING SYSTEM

The following numbering system complies with the NAFC Mid America Standardized Syllabus for 2011

1 st Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4 th and 5 th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2018	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

TIR NA NOG

Will be the FIRST dance of the day.
Open to all dancers under 5 years of age

	U5
Tir Na Nog	005TNN

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

BEGINNER 1 (BEGINNER)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

Beginner 1 dancer is anyone who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS										BOYS									
	U5	U6	U7	U8	U9	U10	U11	U12	O12	U5	U6	U7	U8	U9	U10	U11	U12	O12		
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL		
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ		
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ											
TREBLE JIG	205TJ	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ	255TJ	256TJ	257TJ	258TJ	259TJ	260TJ	261TJ	262TJ	263TJ		
HORN PIPE	205HP	206HP	207HP	208HP	209HP	210HP	211HP	212HP	213HP	255HP	256HP	257HP	258HP	259HP	260HP	261HP	262HP	263HP		

St. Louis Friendship Feis

BEGINNER 2 (ADVANCED BEGINNER)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

	GIRLS									BOYS								
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ									
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP
ST. PATRICK'S DAY	306SP	307SP	308SP	309SP	310SP	311SP	312SP	313SP	314SP	356SP	357SP	358SP	359SP	360SP	361SP	362SP	363SP	364SP

NOVICE

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
*HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

PRIZE WINNER (OPEN)

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
*HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

St. Louis Friendship Feis

PRELIMINARY CHAMPIONSHIP

A dancer who wins 1st place in each of the Open dances (reel, slip jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

Competitions will be combined with adjacent age group to form groups of 5 when possible.

<u>BOYS/MEN & GIRLS/LADIES*</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC
Prelim Champ Set Dance (\$9)	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round.

No set dance competitions are offered for Preliminary Championship competitors.

Championship competition order will be from OLDEST to YOUNGEST

OPEN CHAMPIONSHIP

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

Competitions will be combined form groups of 5 when possible per rules (see Championship rules below).

<u>OPEN CHAMPIONSHIP</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O20</u>
<u>GIRLS / LADIES</u>	7100C	7110C	7120C	7130C	7140C	7150C	7160C	7170C	7180C	7190C	7200C
<u>BOYS / MEN</u>	7600C	7610C	7620C	7630C	7640C	7650C	7660C	7670C	7680C	7690C	7700C

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

Competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round.

ALL Open Championship dancers will be required to dance their set dance following the soft shoe round.

Championship competition order will be from OLDEST to YOUNGEST

CHAMPIONSHIP RON DILORENZO PERPETUAL TROPHY

1st, 2nd, and 3rd Place winners in each PC/OC age group are eligible to compete in a dance-off for the Ron DiLorenzo Perpetual Trophy at the conclusion of all PC/OC results. Dancers will be required to dance two steps, choice of treble jig or hornpipe.

St. Louis Friendship Feis

ADULT COMPETITIONS

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers in the Adult categories cannot enter any competition other than Adult specified competitions.

A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

	<u>Beginner 1 and 2</u>	<u>Novice / Prizewinner</u>
REEL	835RL	855RL
LIGHT JIG	835LJ	855LJ
SLIP JIG	835SJ	855SJ
TREBLE JIG	835TJ	855TJ
HORNSPIPE	835HP	855HP

FIGURES AND CEILI

- There are no restrictions on figure age groups. (Effective December 2014).
- Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- Ceili teams (8 hands) are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules
- **NEW REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the **TEAM FEE** for the entire team. The team **MUST** wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

FIGURE DANCING

	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>	<u>4 HAND Reel/Jig</u>
Regular Team Fee	\$ 12	\$ 18	\$ 24
Under 7		931FD	941FD
Under 9		932FD	942FD
Under 11		933FD	943FD
Under 13		934FD	944FD
Under 15		935FD	945FD
Over 15	926FD	936FD	946FD
Adult	929FD	939FD	949FD

CEILI DANCING

<u>8 Hand Ceili Dance</u>	
Regular Team Fee	\$ 48
Under 8	981C
Under 10	982C
Under 12	983C
Under 15	984C
Over 15	985C
Adult	986C

St. Louis Friendship Feis

TREBLE REELS

BOYS/MEN & GIRLS/LADIES

	<u>U14</u>	<u>O14</u>
GRADE Treble Reel	514TR	515TR
CHAMPIONSHIP Treble Reel	714TR	715TR

MUSIC & VOCAL

- Only traditional music will be accepted.
- Music classifications are reels, jigs (double, slip, and single), hornpipe, airs, marches, and polkas-set dance.
- Electronic or amplified instruments will not be permitted.
- A tin whistle must have a metal body, a plastic tip, and only 6 holes.
- A beginner is anyone who started playing after Jan 1, 2018.
- Beginners will play one piece from the above classifications.
- Advanced competitors will play two pieces of contrasting tempo.
- Entrants may compete in only one category for each instrument.
- Miscellaneous instruments may include any other acoustic instrument.

	<u>Beginner Level</u>			<u>Advanced Level</u>		
	<u>U14</u>	<u>U18</u>	<u>O18</u>	<u>U14</u>	<u>U18</u>	<u>O18</u>
Any Instrument	914BI	918BI	919BI	914AI	918AI	919AI
Traditional Song	914BTS	918BTS	919BTS	914ATS	918ATS	919ATS

ART AND BAKING

	<u>U18</u>	<u>O18</u>
Arts & Crafts	918AC	919AC
Baking	918B	919B

ROCK 'N' REEL

This competition will be held on SATURDAY evening in conjunction with the An Samhra Feis

- Open to all levels combined.
- One step down the line, theme costumes ok.
- Dancers may dance solo, or in groups of up to four.
- Music selections TBD, and will be posted on the feis website
- Not included in the family max calculation

	<u>U10</u>	<u>U13</u>	<u>O13</u>
ALL Levels	710RR	713RR	714RR

St. Louis Friendship Feis

MID-AMERICA REGIONAL DANCING COMPETITION RULES

- In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
- A competitor may be disqualified for any of the following reasons:
 - Conduct unbecoming a lady or gentleman.
 - Failure to report on time to compete. (Penalty: disqualification from said event)
 - Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
- Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
- Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
- Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
- Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
- The status of the dancer does not change unless there are five or more dancers in a competition.
- With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
- No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

GRADE LEVEL RULES

- Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - Must compete in their own age group.
 - Must be prepared to perform two steps in each event.
 - Cannot change competition on the day of the Feis.With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
- Boys and girls CANNOT be combined EXCEPT according to the following:
 - All boys' competitions below Preliminary Championships shall be initially entered in single year age groups;
 - If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - Into double age groups, all boy or all girl; and
 - If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
 - Any competitions so combined shall be run as a single competition.

The Mid-America syllabus is to contain all grade categories. A Feis Committee may combine **two or three consecutive age categories in the highest of the age categories within that grade when less than five (5) competitors are entered.** (IDTAMA, 1/1/17)

St. Louis Friendship Feis

20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered (see Rule 2, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

21. Grade Levels

Beginner 1 (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.

Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Prizewinner (Open) Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

22. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

23. All regions in North America will follow this common set of speeds for all grade competitions at feiseanna in North America (IDTANA, 1/1/17).

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

24. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)

25. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

26. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.

27. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.

(a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.

(b) Dancers must compete in the preliminary championship competition in order to qualify for open championship

(c) The regional syllabus where the Feis is being held may have different qualifications for entry.

28. Preliminary Championships are open to those who, at any NAFC recognized Feis:

(a) A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission (IDTAMA).

(b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

(c) The regional syllabus where the Feis is being held may have different qualifications for entry.

29. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. (IDTAMA, 1/1/17)

30. One of the following statements MUST be in the feis syllabus:

a) When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.
or

b) When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.

31. The boys' open championship age categories will match the girls' open championship age categories. (IDTAMA, 1/1/17)

32. Any competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between their rounds. (IDTAMA, 1/1/17)

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FIGURE/CEILI TEAM RULES

33. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups. (Effective 12/2014)
 - b. Figure age groups will be determined by the oldest dancer.(Effective 12/2014).
 - c. 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the world and regional Oireachtas rules.
 - d. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

ADJUDICATORS & MUSICIANS

34. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
35. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
36. In matters pertaining to adjudication, the decision of the adjudicators is final.
37. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
38. Championships and Preliminary Championships require at least three adjudicators.
39. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

40. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
41. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
42. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
43. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. This will go into effect January 2015.
44. Effective January 2015, at all Mid-America region feiseanna, boys and girls competing in age groups up to and including

UNDER 9 MUST FOLLOW THESE COSTUME RULES:

MID-AMERICA REGION COSTUME RULE

- a. Dresses may be one piece or two pieces.
- b. No animal prints.
- c. No low cut necklines.
- d. No decorations including rhinestones or sequins of any kind.
- e. No reflective fabric (this does not include satin).
- f. No embellishments.
- g. Base material & appliqué materials must be solid colors - no plaids, stripes, patterns, flowers or reflective materials, etc.
- h. Any embroidery and appliqué used on the dress must be of a traditional nature.
- i. Length must comply with An Coimisiun.
- j. No jewelry.
- k. Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.
- l. Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- m. Buckles are allowed on shoes that do not include rhinestones.
- n. All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- o. The costume rule applies to class costumes worn for solo competitions.
- p. All of the above applies to headpieces, socks and shoes.
- q. This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- r. The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).
- s. The consequence for not following the Mid-America Region costume rule is as follows:
 - t. The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.

MODESTY RULE - FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules