



## FEIS REGISTRATION SUMMARY

Feis start time is at 8:00 am  
Visit [www.feisingqa.com](http://www.feisingqa.com) for  
more information

This syllabus has been approved by  
Areleen Ni Bhaoill TCRG,  
Southern Region Feis Liaison on 03 Apr 2024

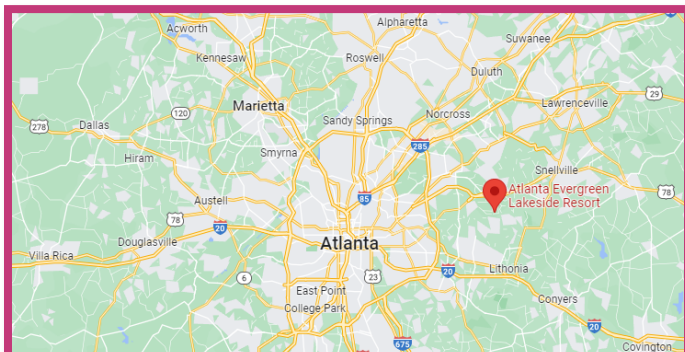
- Up to June 3, all registration only accepted at [www.quickfeis.com](http://www.quickfeis.com)
- Feis caps are: (registration will close for those levels only once that cap has been reached)
  - Grades..... 300
  - PC/OC ..... 250
- All results will be printed and given out for FREE at the feis for both championship and grades levels
- All results will also be available for FREE on your QuickFeis account during and after the feis
- Competitions will be combined and split to ensure that as many competitions will have 5 or more dancers

## FEIS INFORMATION

# Sunday June 16, 2024

*Atlanta Evergreen  
Lakeside Resort*

4021 Lakeview Dr, Stone Mountain, GA 30083



## FEIS HIGHLIGHTS

- Devil Went Down to Georgia Treble Reel – Proceeds to benefit FOCUS ([www.focus-ga.org](http://www.focus-ga.org))
- Set Dance special – just dance – get comments and no ranks!
- Set dance special will be scored and ranked!

*Devil Went Down to  
Georgia Treble Reel  
Special supporting FOCUS Atlanta*



**Father's Day Special  
Competition!**



# FEIS NA TARA

## COMPETITION FEES

**FAMILY ADMISSION FEE** **\$ 30**  
*(Not included in the Family Cap calculation)*

**COMPETITIONS** **\$ 12**

- Solo Grades Dancing
- Set dance Special
- Treble Reel Special \*

**PRELIMINARY CHAMPIONSHIP** **\$ 45**  
*(any competition with 2 rounds)*

**OPEN CHAMPIONSHIP** **\$ 55**  
*(any competition with 3 rounds)*

**TEAM FEE** *See below*

**FAMILY CAP** **\$ 175**  
*(Only applies to core dances none of the specials, team fees, or family fees will be applied)*

**\*ALL proceed from the Devil Went Down to Georgia Treble Reel Special will go to FOCUS Atlanta**



## LATE FEES

Please note that LATE FEES are in ADDITION to the competition fees listed above. All fees are PER dancer

LATE FEES	Up to June 3 (online)	After June 3 (at Feis)
New Registrations	\$ 0	\$ 50
Changes	Free	\$ 25
Payment type	CC only	CC only

## FEIS RULES

- Entries not valid until full payment is received
- Entries must be done on quickfeis.com. No mailed entries will be accepted.
- No refunds for any reason.
- NUMBER OF COMPETITORS: The Feis Committee reserves the right to combine or split competitions.
- RESULTS: Personal results will be FREE and will be handed out shortly sometime after winners are announced. Results will also be available online for Free at [www.quickfeis.com](http://www.quickfeis.com)
- Covid mitigation procedures will be assessed and specific guidelines will be provided closer to the feis date

## RESULTS

**FREE PRINTED RESULTS AVAILABLE WHEN ALL THE COMPETITIONS YOU REGISTERED IN ARE COMPLETED AND ANNOUNCED**

PC and OC dancers will get their individual results during announcements

Individual results will have the raw score the adjudicator gave, ranks, points (for championship only) and any comments they may have made

Free results are also available online at

[www.quickfeis.com](http://www.quickfeis.com)

(log into your QuickFeis account)



# FEIS NA TARA

## NUMBERING SYSTEM

1 <sup>st</sup> Digit	LEVEL CATEGORY	Pre-Beginner all begin with "1", BEGINNER 1 with "2", and so forth
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	AGE GROUP	Begins at 01 - So "05" means "under 5", "11" means "under 11", ...
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	COMPETITION TYPE	RL = REEL LJ = LIGHT JIG SJ = SLIP JIG SN = SINGLE JIG/HOP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...
Last Number "2"	SECOND CHANCE	Any competition ending with "2" denotes a second chance competition

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2024</b>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
<b>Born in:</b>	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## BEGINNER (BEGINNER 1)

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)  
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

<i>Girls/Boys</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	214RL	215RL	216RL
<b>LIGHT JIG</b>	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	214LJ	215LJ	216LJ
<b>SLIP JIG</b>	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ	214SJ	215SJ	216SJ

## ADVANCED BEGINNER (BEGINNER 2)

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)  
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

<i>Girls/Boys</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	305RL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	315RL	316RL
<b>LIGHT JIG</b>	305LJ	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	315LJ	316LJ
<b>SLIP JIG</b>	305SJ	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ	315SJ	316SJ
<b>SINGLE JIG</b>	305SN	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	315SN	316SN
<b>TREBLE JIG</b>	305TJ	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	315TJ	316TJ
<b>HORNPIPE</b>	305HP	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	315HP	316HP



# FEIS NA TARA

## NOVICE

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<i>Girls/Boys</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
<b>LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
<b>SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
<b>SINGLE JIG</b>	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
<b>TREBLE JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
<b>HORNPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP

## PRIZEWINNER (OPEN)

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<i>Girls/Boys</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
<b>LIGHT JIG</b>	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
<b>SLIP JIG</b>	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
<b>TREBLE JIG</b>	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
<b>HORNPIPE</b>	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP



# FEIS NA TARA

## ADULT GRADES

ADULT GRADES	ADULT CHAMPIONSHIP	ADVANCED ADULT PRELIMINARY & OPEN		
<p>An <b>ADULT</b> dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.</p> <p>Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions.</p> <p>If a dancer chooses to compete in the youth/&amp; over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.</p> <p>To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/&amp; over categories or progress with teacher's permission.</p>	<p>A dancer moves into the <b>ADULT CHAMPIONSHIP</b> level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission.</p> <p>When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.</p> <p>Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary at teacher's discretion.</p> <p>A dancer competing in Adult Championship may not compete in the youth/&amp; over category.</p>	<p>An <b>ADVANCED ADULT</b> dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/&amp; over levels regardless of when the competitor was active.</p> <p>A dancer competing in <b>ADVANCED ADULT</b> may not compete in the youth/&amp; over category. Once a dancer begins competing in Advanced Adult, they may not return to youth/&amp; over.</p>	<p>An <b>ADVANCED ADULT PRELIMINARY</b> dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary.</p> <p>When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/&amp; over competitions.</p>	<p>An <b>ADVANCED ADULT OPEN</b> level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/&amp; over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open.</p> <p>When a dancer begins competing in the Advanced Adult Open level, they may not also compete in Adult Championship or Advanced Adult Preliminary (unless a feis opts to combine competitions), nor in youth/&amp; over competitions.</p>
<p><b>ADULT GRADES</b> dances</p> <ul style="list-style-type: none"> <li>In grade level competitions, hard shoes dances can be done at either traditional speed or slow speed.</li> <li>All grade level dances are 32 bars in length.</li> </ul>	<p><b>ADULT CHAMPIONSHIP</b> dancers will perform:</p> <ol style="list-style-type: none"> <li>48 bars of reel or 40 bars of slip jig</li> <li>40 bars of the hornpipe or 48 bars of the treble jig.</li> </ol> <p><i>When/if a feis offers a third round, adult championship dancers will perform a <b>traditional set dance</b>.</i></p>	<p><b>ADVANCED ADULT PRELIMINARY</b> will perform:</p> <ol style="list-style-type: none"> <li>48 bars of reel or 40 bars of slip jig,</li> <li>40 bars of the hornpipe or 48 bars of the treble jig.</li> </ol> <p><i>When/if a feis offers a third round, Advanced Adult Preliminary will perform a <b>Set Dance of choice</b>.</i></p>	<p><b>ADVANCED ADULT OPEN</b> dancers will perform:</p> <ol style="list-style-type: none"> <li>48 bars of reel or 40 bars of slip jig,</li> <li>40 bars of the hornpipe or 48 bars of the treble jig.</li> <li><b>Set Dance of choice</b> for their third round.</li> </ol>	
<p><b>COMBINING COMPETITIONS:</b> Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.</p>				
<p>A teacher may exercise their discretion for determination of a dancer's level in Adult or Advanced Adult categories;</p> <ul style="list-style-type: none"> <li>if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;</li> <li>if an Advanced Adult Preliminary dancer does not place in two consecutive years; the dancer may then move to Adult Championship;</li> <li>if an Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.</li> </ul>				

	<u>Beginner 1</u>	<u>Beginner 2</u>	<u>Novice</u>	<u>Prizewinner</u>	<u>ADULT Championship</u>	<u>Advanced Adult Preliminary</u>	<u>Advanced Adult Open</u>
<b>REEL</b>	299RL	399RL	499RL	599RL			
<b>LIGHT JIG</b>	299LJ	399LJ	499LJ	599LJ			
<b>SLIP JIG</b>	299SJ	399SJ	499SJ	599SJ			
<b>TREBLE JIG</b>		399TJ	499TJ	599TJ			
<b>HORNPIPE</b>		399HP	499HP	599HP			
<b>TRADITIONAL SET</b>		399TS	499TS	599TS			
<b>2 ROUNDS</b>					699AC	699AAPC	
<b>3 ROUNDS</b>							799AAOC



# FEIS NA TARA

## PRELIMINARY CHAMPIONSHIP (2 ROUNDS)

Preliminary Championships are open to those who, at any recognized Feis:

- Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- Have never won 1st, 2nd or 3rd in Open Championship.

A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.

A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.

A dancer is required to perform two rounds:

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig

<i>Ladies &amp; Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
<b>Preliminary Championship</b>	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC
<b>PC Set Dance</b>	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD

Set Dance will be whatever is required at Oireachtas for your age group

Set Dance will not count towards the family max

## OPEN CHAMPIONSHIP

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Open Championship dancers will perform three rounds: (will start with soft shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig
3. Set Dance of their choice

If there are three or more boys in OC, then the boys will be entered into a separate competition

<i>Ladies &amp; Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O19</u>
<b>Open Championship</b>	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

## SET SPECIALS

<i>Girls/Boys</i>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>O14</u>
<b>GRADES Traditional Set</b>	510TS	511TS	512TS	513TS	514TS	515TS
<b>GRADES OPEN Set</b>	510SD	511SD	512SD	513SD	514SD	515SD
<b>CHAMP Traditional Set</b>	710TS	711TS	712TS	713TS	714TS	715TS



# FEIS NA TARA

## FIGURES AND CEILI

- Figure age groups will be determined by the oldest dancer.
- 4 Hand may only be 4-Hand Reel or Humours of Bandon – by the book!
- Each team only needs ONE person to register for the entire team. That team member MUST wear their dancer card for the team (as that will be the only dancer number admitted to the team competition). That team member is also responsible for paying the "team" fee (highlighted in yellow below).

	<u>2 HAND</u>	<u>3 HAND</u>	<u>4 HAND</u>	<u>8 HAND</u>
	\$20	\$30	\$40	\$80
<b>Under 7</b>	207FD	307FD	407FD	
<b>Under 9</b>	209FD	309FD	409FD	809FD
<b>Under 11</b>	211FD	311FD	411FD	911FD
<b>Under 13</b>	213FD	313FD	413FD	913FD
<b>Under 15</b>	215FD	315FD	415FD	
<b>Over 15</b>	216FD	316FD	416FD	
<b>Under 16</b>				816FD
<b>Over 16</b>				817FD
<b>ADULT</b>	399FD	499FD	499FD	899FD

## FATHER'S DAY SPECIAL – 999FDS

- Open to all age groups and all levels - can even mix them
- Only \$12 per TEAM (no matter how many team members)
- Teams must consist of at least 2 dancers— one of which MUST be your "Father Figure" who must be over 18.
- Will dance 24 bars (1 and ½ steps)
- Can wear fun costume
- Dance may include hand and arm movement



## DEVIL WENT DOWN TO GEORGIA TREBLE REEL SPECIAL

- Treble Reel competitions
- Open to ALL dancers
- ALL proceeds to benefit FOCUS ([www.focus-ga.org](http://www.focus-ga.org)).

<i>ALL DANCERS!</i>	<u>U13</u>	<u>O13</u>
DWDG Treble Reel	713TR	714TR

FOCUS began in 1983 when two medically fragile children shared a hospital room. These children had no specific diagnosis, and their parents had little support or resources. Together, these parents founded FOCUS to help others find comfort, information, and hope.

FOCUS + Fragile Kids reaches over 4,500 families in and around metro Atlanta. For more information about how we can help you—or about how you can help us—please contact us!

For details on all of FOCUS + Fragile Kids programs, please go to [www.focus-ga.org](http://www.focus-ga.org) or call 770-234-9111.



# FEIS NA TARA

## IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
  2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
  3. A competitor may be disqualified for any of the following reasons:
    - a. Conduct unbecoming a lady or gentleman.
    - b. Failure to report on time to compete. (Penalty: disqualification from said event)
    - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
  4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
  5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
  6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
  7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
  8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
  9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
  10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
  11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
  12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
  13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
- Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
  15. Photography
    - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
    - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
    - d. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
      - i. away from the dancing stages and,
      - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
  16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
  17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
  18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.





# FEIS NA TARA

## GRADE LEVEL RULES

- Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
  - Must compete in their own age group.
  - Must be prepared to perform two steps in each event.
- With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 

Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
- Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
- The syllabus is to contain all grade categories.
- Competitors have the option to remain in the same category for the remainder of the Feis year.
- A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
- Grade Levels
  - First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
  - Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
  - Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
REEL	122	122	122	113	113
LIGHT JIG	115	115	115	115	115
SLIP JIG	122	122	122	113	113
SINGLE JIG	124	124	124	124	124
TREBLE JIG			92	73/92	73/92
HORNSPIPE			138	113/138	113/138

TRADITIONAL SETS	Traditional Speed
ST. PATRICK'S DAY	94
BLACKBIRD	144
JOB OF THE JOURNEYWORK	138
THREE SEA CAPTAINS	96
GARDEN OF DAISIES	138
JOCKEY TO THE FAIR	90
KING OF THE FAIRIES	130

- First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
- Dancers competing in the First Feis category are limited to participating in the First Feis Category only.



# FEIS NA TARA

## CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
  - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships
  - a. Are open to those who at any CLRG-registered Feis:
    - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
    - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
  - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
  - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
  - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. \* In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.  
If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
5. In the event the same organization is running 2 feis' in one weekend the following must occur:
  - a. On Championship competitions , 2/3 of adjudicators must be different from the previous day.
  - b. 2nd chance competitions may only be offered on one feis.

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

## ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.



# FEIS NA TARA

## COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

## MODESTY RULES

### FROM AN COIMISIUN

1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
2. Respect for fellow competitors on stage is a requirement at all times.
3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

**THE FEIS WILL NOT GIVE ANY REFUNDS FOR ANY REASON INCLUDING CONSEQUENCES FOR VIOLATIONS OF THESE RULES.**

