



FEIS REGISTRATION SUMMARY

Feis start time is at 8:00 am
Visit www.feisinga.com for
more information

This syllabus has been approved by
Areleen Ni Bhaoill TCRG,
Southern Region Feis Liaison on
Feb 26, 2025

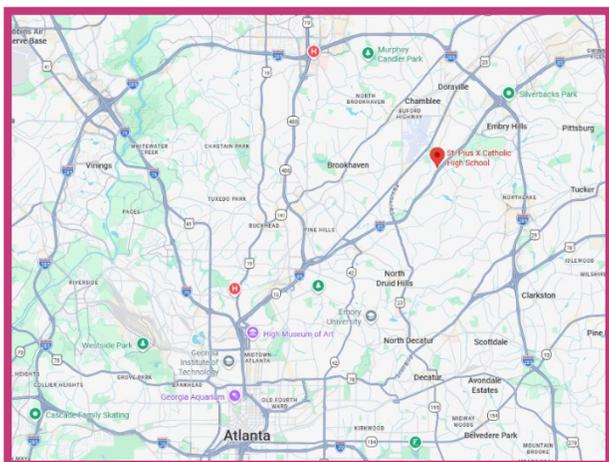
- Up to May 25, all registration only accepted at www.quickfeis.com
- Feis caps are: (registration will close for those levels only once that cap has been reached)
 - Grades..... 300
 - PC/OC 250
- All results will be printed and given out for FREE at the feis for both championship and grades levels
- All results will also be available for FREE on your QuickFeis account during and after the feis
- Competitions will be combined and split to ensure that as many competitions will have 5 or more dancers

FEIS INFORMATION

Sunday June 7, 2026

St. Pius X
Catholic High School

2674 Johnson Rd NE
Atlanta, GA 30345



FEIS HOTEL

Atlanta Marriott Northeast
Emory Area

2000 Century Boulevard NE
Atlanta, GA 30345
(less than 2 miles away!)

We have secured a block rate of \$145
for all attendees



FEIS NA TARA

COMPETITION FEES

FAMILY ADMISSION FEE **\$ 30**
(Not included in the Family Cap calculation)

COMPETITIONS

- Solo Grades Dancing **\$ 12**
- Set dance Special
- Treble Reel Special *

PRELIMINARY CHAMPIONSHIP **\$ 50**
(any competition with 2 rounds)

OPEN CHAMPIONSHIP **\$ 60**
(any competition with 3 rounds)

TEAM FEE *See below*

FAMILY CAP **\$ 175**
(Only applies to core dances none of the specials, team fees, or family fees will be applied)

***ALL proceed from the Devil Went Down to Georgia Treble Reel Special will go to FOCUS Atlanta**



LATE FEES

Please note that LATE FEES are in ADDITION to the competition fees listed above. All fees are PER dancer

LATE FEES	Up to May 25 (online)	After May 25 (at Feis)
New Registrations	\$ 0	\$ 50
Changes	Free	\$ 25
Payment type	CC only	CC only

FEIS RULES

- Entries not valid until full payment is received
- Entries must be done on quickfeis.com. No mailed entries will be accepted.
- Only credit card payments will be accepted.
- NUMBER OF COMPETITORS: The Feis Committee reserves the right to combine or split competitions.
- RESULTS: Personal results will be FREE and will be handed out shortly sometime after winners are announced. Results will also be available online for Free at www.quickfeis.com
- Registrations may not be "switched" between feises.

ABSOLUTELY NO REFUNDS FOR ANY REASON

FEIS HIGHLIGHTS

- Devil Went Down to Georgia Treble Reel – Proceeds to benefit FOCUS (www.focus-ga.org)
- Set dance special will be scored and ranked!

Devil Went Down to Georgia Treble Reel Special supporting FOCUS Atlanta



Father's Day Special Competition!



FEIS NA TARA

NUMBERING SYSTEM

1 st Digit	LEVEL CATEGORY	Pre-Beginner all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	AGE GROUP	Begins at 01 - So "05" means "under 5", "11" means "under 11", ...
4 th and 5 th Digits (Letters)	COMPETITION TYPE	RL = REEL LJ = LIGHT JIG SJ = SLIP JIG SN = SINGLE JIG/HOP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...
Last Number "2"	SECOND CHANCE	Any competition ending with "2" denotes a second chance competition

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2026	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
Born in:	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

BEGINNER (BEGINNER 1)

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

<i>Girls/Boys</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ

ADVANCED BEGINNER (BEGINNER 2)

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

<i>Girls/Boys</i>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP



FEIS NA TARA

NOVICE

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<i>Girls/Boys</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP

PRIZEWINNER (OPEN)

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

<i>Girls/Boys</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP



FEIS NA TARA

ADULT GRADES

An **ADULT** dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

An **ADVANCED ADULT** dancer is defined as anyone age 18 or older who has previously placed in the top three of a Preliminary Championship or competed in Open Championship levels in the youth/& Over levels regardless of when the competitor was active. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& Over categories.

Dancers competing at the Adult Championship level may move to the Advanced Adult level per teacher's discretion.

All Southern Region feiseanna may combine the Advanced Adult levels into one competition in the event that fewer than five Advanced Adult Preliminary level dancers are entered. For Advanced Adult level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Advanced Adult competition of five or more competitors would count towards that progression.

All Advanced Adult levels consist of one light round (reel or slip jig) and one heavy round (treble jig or hornpipe) to facilitate the possibility of merging at Southern Region feiseanna. Feiseanna may offer additional Advanced Adult level competitions including traditional set, non-traditional set, etc.

	<u>Beginner 1</u>	<u>Beginner 2</u>	<u>Novice</u>	<u>Prizewinner</u>	<u>ADULT Championship</u>	<u>Advanced Adult Preliminary</u>	<u>Advanced Adult Open</u>
REEL	299RL	399RL	499RL	599RL			
LIGHT JIG	299LJ	399LJ	499LJ	599LJ			
SLIP JIG	299SJ	399SJ	499SJ	599SJ			
TREBLE JIG		399TJ	499TJ	599TJ			
HORNPIPE		399HP	499HP	599HP			
TRADITIONAL SET		399TS	499TS	599TS			
2 ROUNDS					699AC	699AAPC	
3 ROUNDS							799AAOC

FIGURES AND CEILI

- Figure age groups will be determined by the oldest dancer.
- 4 Hand may only be 4-Hand Reel or Humours of Bandon – by the book!
- Each team only needs ONE person to register for the entire team. That team member **MUST** wear their dancer card for the team (as that will be the only dancer number admitted to the team competition). That team member is also responsible for paying the "team" fee (highlighted in yellow below).

	<u>2 HAND</u>	<u>3 HAND</u>	<u>4 HAND</u>	<u>8 HAND</u>
Team FEE →	\$20	\$30	\$40	\$80
Under 7	207FD	307FD		
Under 9	209FD	309FD	409FD	809FD
Under 11	211FD	311FD	411FD	811FD
Under 13	213FD	313FD	413FD	813FD
Under 15	215FD	315FD		
15 & Over	216FD	316FD		
Under 16			416FD	816FD
Under 19			419FD	819FD
19 & Over			420FD	820FD
ADULT	299FD	399FD	499FD	899FD



FEIS NA TARA

PRELIMINARY CHAMPIONSHIP (2 ROUNDS)

Preliminary Championships are open to those who, at any recognized Feis:

- Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- Have never won 1st, 2nd or 3rd in Open Championship.

A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.

A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.

A dancer is required to perform two rounds:

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig

<i>Ladies & Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC
PC Set Dance	609SD	610SD	611SD	612SD	613SD	614SD	615SD	616SD	617SD	618SD

Set Dance will be whatever is required at Oireachtas for your age group

Set Dance will not count towards the family max

OPEN CHAMPIONSHIP

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Open Championship dancers will perform three rounds: (will start with soft shoe round first)

1. 48 bars of reel or 40 bars of slip jig
2. 40 bars of the hornpipe or 48 bars of the treble jig
3. Set Dance of their choice

If there are three or more boys in OC, then the boys will be entered into a separate competition

<i>Ladies & Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O19</u>
Open Championship	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC



FEIS NA TARA

SET SPECIALS

<i>Girls/Boys</i>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>O14</u>
GRADES Traditional Set	510TS	511TS	512TS	513TS	514TS	515TS
GRADES OPEN Set	510SD	511SD	512SD	513SD	514SD	515SD
CHAMP Traditional Set	710TS	711TS	712TS	713TS	714TS	715TS

FATHER'S DAY SPECIAL – 999FDS

- Open to all age groups and all levels - can even mix them
- Only \$12 per TEAM (no matter how many team members)
- Teams must consist of at least 2 dancers— one of which MUST be your “Father Figure” who must be over 18.
- Will dance 24 bars (1 and ½ steps)
- Can wear fun costume
- Dance may include hand and arm movement



DEVIL WENT DOWN TO GEORGIA TREBLE REEL SPECIAL

- Treble Reel competitions
- Open to ALL dancers
- ALL proceeds to benefit FOCUS (www.focus-ga.org).

<i>ALL DANCERS!</i>	<u>U13</u>	<u>O13</u>
DWDG Treble Reel	713TR	714TR



FOCUS began in 1983 when two medically fragile children shared a hospital room. These children had no specific diagnosis, and their parents had little support or resources. Together, these parents founded FOCUS to help others find comfort, information, and hope.

FOCUS + Fragile Kids reaches over 4,500 families in and around metro Atlanta. For more information about how we can help you—or about how you can help us—please contact us!

For details on all of FOCUS + Fragile Kids programs, please go to www.focus-ga.org or call 770-234-9111.



FEIS NA TARA

IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
 2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
 3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
 4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
 5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
 6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
 7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
 8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
 9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
 10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
 11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
 12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
 13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
- Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
 15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
 16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
 17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
 18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.



FEIS NA TARA

GRADE LEVEL RULES

- Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - Must compete in their own age group.
 - Must be prepared to perform two steps in each event.
- With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:

Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
- Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
- The syllabus is to contain all grade categories.
- Competitors have the option to remain in the same category for the remainder of the Feis year.
- A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
- Grade Levels
 - First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
 - Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
REEL	122	122	122	113	113
LIGHT JIG	115	115	115	115	115
SLIP JIG	122	122	122	113	113
SINGLE JIG	124	124	124	124	124
TREBLE JIG			92	73/92	73/92
HORNSPIPE			138	113/138	113/138

TRADITIONAL SETS	Traditional Speed
ST. PATRICK'S DAY	94
BLACKBIRD	144
JOB OF THE JOURNEYWORK	138
THREE SEA CAPTAINS	96
GARDEN OF DAISIES	138
JOCKEY TO THE FAIR	90
KING OF THE FAIRIES	130

- First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
- Dancers competing in the First Feis category are limited to participating in the First Feis Category only.



FEIS NA TARA

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.
4. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
5. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
6. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. On Championship competitions , 2/3 of adjudicators must be different from the previous day.
 - b. 2nd chance competitions may only be offered on one feis.

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups
 - b. Figure age groups will be determined by the oldest dancer.
 - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.



FEIS NA TARA

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

MODESTY RULES

FROM AN COIMISIUN

1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
2. Respect for fellow competitors on stage is a requirement at all times.
3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

THE FEIS WILL NOT GIVE ANY REFUNDS FOR ANY REASON INCLUDING CONSEQUENCES FOR VIOLATIONS OF THESE RULES.

