



2026 Nation's Capital Feis



Stage 1		Stage 2		Stage 3		Stage 4		Stage 5	
299FD-PC	4	212FD	1	312FD	1	215FD	3	210FD	1

All solo competitions will begin about 5 minutes after all team competitions are done

710OC	2
609PC/610PC	8
711OC	2
611PC	9
712OC	3
612PC	9
713OC	2
714OC	3
613PC/614PC	8
715OC	6
615PC	5
716OC	6
616PC	6
717OC	1
718OC	4
719OC	2
617PC/618PC	10
720OC	5
611SD/612SD	8
614SD/616SD	4
617SD/618SD	3
713TR	5
712TR	3

212LJ/213LJ	2
309LJ	8
310LJ/311LJ	8
409LJ	9
111RL	4
306RL/307RL	6
410RL	9
507RL/509RL	6
513RL/514RL	13
511RL	6
208SJ/209SJ/210SJ	7
310SJ/311SJ	5
412SJ	8
413SJ/414SJ/415SJ	7
515SJ/516SJ	7

110LJ	10
208LJ	5
209LJ/210LJ/211LJ	5
410LJ	6
206RL/207RL	7
308RL	5
312RL	5
407RL/408RL	8
411RL	7
413RL/414RL/415RL	12
206SJ/207SJ	2
409SJ	10
509SJ/510SJ	9
511SJ	5
512SJ	8

107LJ	2
111LJ	3
312LJ/313LJ/314LJ	11
411LJ/412LJ	11
110RL	10
211RL/212RL/213RL	3
310RL	5
311RL	5
510RL	10
512RL	10
307SJ/308SJ	5
309SJ	9
407SJ/408SJ	8
410SJ	7
514SJ	5

206LJ/207LJ	6
307LJ/308LJ	8
407LJ/408LJ	5
413LJ/414LJ/415LJ	7
107RL	2
208RL/209RL/210RL	8
309RL	6
409RL	13
412RL	9
515RL/516RL	6
211SJ/212SJ/213SJ	5
312SJ/313SJ/314SJ	11
411SJ	6
416SJ	1
507SJ	1
513SJ	9
310SN/311SN	5

307SN	2
410SN	5
306HP/307HP/308HP	5
413HP	8
512HP	5
513HP/514HP	7
309TJ	6
407TJ/408TJ	6
509TJ/510TJ	5
511TJ/512TJ	10

411SN/412SN/413SN	9
309HP/310HP	9
410HP	7
412HP	9
307TJ/308TJ	5
312TJ/313TJ	7
411TJ	9
507TJ	1
515TJ/516TJ	7
407TS/408TS	8
409TS	7

312SN/313SN	3
407SN/408SN/409SN	3
311HP	5
411HP	6
509HP/510HP/511HP	8
515HP/516HP	6
310TJ	5
409TJ	9
412TJ	9
414TJ/415TJ/416TJ	6
410TS/411TS	11
512TS	6

312HP/313HP/314HP	9
408HP/409HP	10
414HP/415HP	5
311TJ	5
410TJ	10
413TJ	6
513TJ/514TJ	8
412TS/413TS	12
509TS/510TS/511TS	5

414TS/416TS	6
513TS/515TS	6
516TS	2
512TR	6
308TJ2/309TJ2/310TJ2	6
411TJ2/412TJ2	7
516TJ2	1
413HP2/414HP2	8
512HP2/513HP2	7

513TR	2
407TJ2/408TJ2/409TJ2	8
513TJ2/514TJ2/515TJ2	6
408HP2/409HP2	8
410HP2/411HP2	7

311TJ2/312TJ2	5
413TJ2	5
414TJ2/415TJ2/416TJ2	5
308HP2/309HP2/310HP2	5
509HP2/510HP2/511HP2	5
514HP2/515HP2/516HP2	5

410TJ2	5
507TJ2	1
510TJ2/511TJ2/512TJ2	7
307HP2	3
311HP2/312HP2	6
314HP2	1
412HP2	6
410SJ2/411SJ2	6
511SJ2/512SJ2	6

311SJ2/312SJ2	5
510SJ2	5
514SJ2/516SJ2	5
516RL2	2
412RL2	5
410RL2/411RL2	7
512FC	8
515FC/516FC	5

308SJ2/309SJ2	3
407SJ2/408SJ2/409SJ2	10
507SJ2	1
413RL2/414RL2/415RL2	7
507RL2	1
513RL2/514RL2	8

412SJ2/413SJ2/414SJ2	8
513SJ2	6
310RL2/311RL2/312RL2	5
409RL2	5
511RL2/512RL2	7

307RL2/308RL2/309RL2	5
407RL2/408RL2	5
509RL2/510RL2	7

SUNDAY July 26, 2026

Champ competitions in bold border will run concurrently but will be adjudicated separately

ALL CHAMP AND FC WILL START WITH SOFT SHOE FIRST!

All stages will start with TEAMS at 8:00 am promptly - followed directly with all listed competitions

Please note that the grades competitions are also running "concurrently", meaning that all stages will run one dance type and will wait for all stages to be completed before moving on to the next type of dance.

Results are posted on QuickFeis