*The Inis Cairde Parent Association*
*and*
*Inis Cairde School of Irish Dance*

***Proudly presents***

# Raleigh Feis
NORTH CAROLINA

# Saturday
## February 6, 2027

## FEIS INFORMATION

Online registration open
up to **Monday Jan 25**

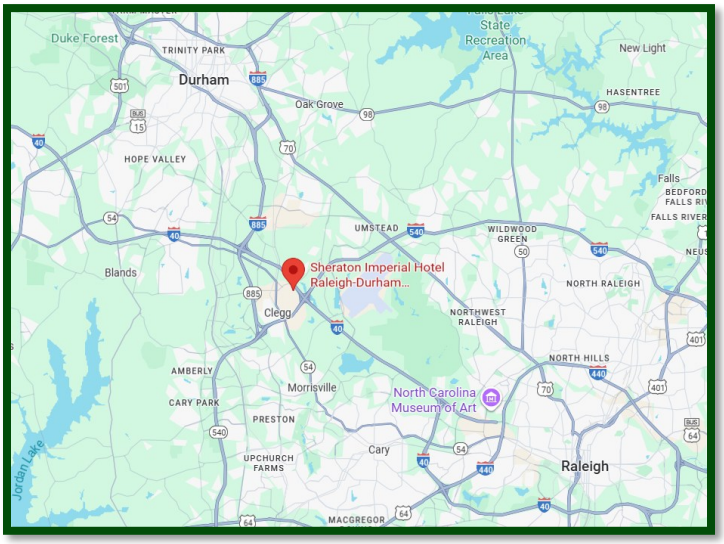
**www.QuickFeis.com**

Limited to
500 Grades
250 Championship

**For more information go to:**
**http://www.raleighfeis.org**

## FEIS LOCATION

**Sheraton Imperial Hotel**
**Raleigh–Durham**
Airport at Research Triangle Park
4700 Emperor Blvd,
Durham, NC 27703







**OFFERING**
**SECOND CHANCE**
**GRADES COMPETITIONS!**
**DOUBLE YOUR CHANCES TO MOVE UP!**

This syllabus has been approved by Areleen Ni Bhaoill TCRG, Southern Region Feis Liaison on behalf of IDTANA, Southern Region on 12/19/2025

# REGULAR FEES

US Funds ONLY – Payment due at time of registration
Online registration will accept credit card payment only
*Sorry - no checks will be accepted at any time.*

| | **REGULAR FEES to Jan 25** |
|---|---|
| Family Fee | **$ 30** *per family* |
| Solo Dancing / Adult Grades / All sets / All non dancing | **$ 12** *per competitor per comp* |
| Preliminary Championship *(all two round competitions)* | **$ 50** *per competitor* |
| Open Championship *(all three round competitions)* | **$ 60** *per competitor* |
| Figures / Ceili | **Team Fee** *See details in Figure/ceili section* |
| Family Max *Does not include second chance, teams, PC sets, or specials* | **$ 200** *per family (up to Jan 25) ** * |

**Second Chance competitions are priced same as the regular competitions but do not count towards the family max!*

# LATE FEES

After Jan 25, all changes and new registrations must be done **AT THE FEIS** and the following fees will be due in **IN ADDITION TO THE REGULAR FEES ABOVE.**

## CREDIT CARD ONLY

## ** NO FAMILY MAX AFTER JAN 25 **

| | **QUICKFEIS to Jan 25** | **IN PERSON At the Feis** |
|---|---|---|
| CHANGE Fee – *per competitor* | NONE | **$ 25** |
| NEW Registration Fee *per competitor* | NONE | **$ 50** |

# FEIS RULES

1. Payment must be made at the time of registration.
2. Entries are not valid until full payment is received.
3. No personal checks will be accepted at any time.
4. To Jan 25 all registration must be done with **QUICKFEIS** at www.quickfeis.com.
5. No mailed entries will be accepted.
6. **NEW REGISTRATIONS** after Jan 25, provided the feis has not capped, can only be made AT THE FEIS and will incur a $50 late fee in addition to all the regular fees.
7. **Registration CHANGES** can only be made:
   a. To Jan 25 - ONLINE with **QUICKFEIS** – return to your account and up to Jan 25 you can make all changes for FREE.
   b. After Jan 25, all changes must be made AT THE FEIS and will incur a change fee of $25 (this does not include adding any new competitions which will be charged the regular fees).
8. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area, champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.
9. The Feis Committee has the right to cancel the Feis, reject entries, or, having received entry, cancel it for any just cause at any time prior to competition start.
10. The Feis Committee has the right, as needed, to combine any competitions, or to split any competitions
11. Parents are responsible for their child/children's safety
12. In all matters, except those pertaining to adjudicating, the decisions of the Feis Committee will be final
13. All grades up to and including U14 will dance three at a time. All champs up to and including U14 will dance hard shoe three at a time and soft shoe two at a time. All champs will dance hard shoe first.
14. For Beginner, Advanced Beginner, Novice and Prizewinner competitions, boys and girls will be separated if there are 5 or more boys entered. The Feis Committee reserves the right to combine competitions based upon number of entries, in accordance with the North American Feis Commission rules.
15. Camping is permitted in designated areas only

**ABSOLUTELY NO REFUNDS OF ANY KIND AT ANY TIME**

**ABSOLUTELY NO SWITCHING PAID REGISTRATIONS FROM ONE FEIS TO ANOTHER**

# NUMBERING SYSTEM

| | | |
|---|---|---|
| **1st Digit** | **LEVEL CATEGORY** | **Pre-Beginner all begin with "1", BEGINNER 1 with "2", and so forth** |
| **2nd and 3rd Digits** | **AGE GROUP** | Begins at 01 - So "05" means "under 5", "11" means "under 11", ... |
| **4th and 5th Digits (Letters)** | **COMPETITION TYPE** | **RL** = REEL **LJ** = LIGHT JIG **SJ** = SLIP JIG **SN** = SINGLE JIG/HOP JIG<br>**TJ** = TREBLE JIG **HP** = HORNPIPE **PD** = ST PATRICK DAY **TS** = TRADTIONAL SET ... |
| **Last Number "2"** | **SECOND CHANCE** | Any competition ending with "2" denotes a second chance competition |

**AGE GROUP**: your age group is determined by the YEAR the competitor was born. This changes from year to year!

| **For 2027** | **U5** | **U6** | **U7** | **U8** | **U9** | **U10** | **U11** | **U12** | **U13** | **U14** | **U15** | **U16** | **U17** | **U18** |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Born in:** | 2022 | 2021 | 2020 | 2019 | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 |

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

# TIR NA NOG

Tir na nOg is a non-competitive category designed for young dancers to perform and experience the feis environment in a relaxed and supportive setting. This is for children under 7 who are not yet ready for competition at the Beginner level. Dancers will dance a minimum of one step, ideal for dancers who are just starting their Irish Dance journey. These dancers may ONLY enter this competition.
All participants will be awarded on stage for their participation.

| | **U7** |
|---|---|
| **REEL** | 107TNN |

# FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.
AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).
Dancers competing in the First Feis category are limited to participating in the First Feis Category ONLY.

| | **U5** | **U7** | **U9** | **U11** | **O11** |
|---|---|---|---|---|---|
| **REEL** | 105RL | 107RL | 109RL | 111RL | 112RL |
| **LIGHT JIG** | 105LJ | 107LJ | 109LJ | 111LJ | 112LJ |
| **SLIP JIG** | 105SJ | 107SJ | 109SJ | 111SJ | 112SJ |

# BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1 st of the the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.
AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

| | **U6** | **U7** | **U8** | **U9** | **U10** | **U11** | **U12** | **O12** |
|---|---|---|---|---|---|---|---|---|
| **REEL** | 206RL | 207RL | 208RL | 209RL | 210RL | 211RL | 212RL | 213RL |
| **LIGHT JIG** | 206LJ | 207LJ | 208LJ | 209LJ | 210LJ | 211LJ | 212LJ | 213LJ |
| **SLIP JIG** | 206SJ | 207SJ | 208SJ | 209SJ | 210SJ | 211SJ | 212SJ | 213SJ |

**NOTE** – SECOND CHANCE competitions (all highlighted in **GREEN**) are the same price as the regular competitions, but do not count towards the family max

## BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes). AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed). ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS.

| | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 |
|---|---|---|---|---|---|---|---|---|---|
| **REEL** | 306RL | 307RL | 308RL | 309RL | 310RL | 311RL | 312RL | 313RL | 314RL |
| **LIGHT JIG** | 306LJ | 307LJ | 308LJ | 309LJ | 310LJ | 311LJ | 312LJ | 313LJ | 314LJ |
| **SLIP JIG** | 306SJ | 307SJ | 308SJ | 309SJ | 310SJ | 311SJ | 312SJ | 313SJ | 314SJ |
| ***TREBLE JIG** | 306TJ | 307TJ | 308TJ | 309TJ | 310TJ | 311TJ | 312TJ | 313TJ | 314TJ |
| ***HORNPIPE** | 306HP | 307HP | 308HP | 309HP | 310HP | 311HP | 312HP | 313HP | 314HP |
| **REEL** | 306RL2 | 307RL2 | 308RL2 | 309RL2 | 310RL2 | 311RL2 | 312RL2 | 313RL2 | 314RL2 |
| **SLIP JIG** | 306SJ2 | 307SJ2 | 308SJ2 | 309SJ2 | 310SJ2 | 311SJ2 | 312SJ2 | 313SJ2 | 314SJ2 |
| ***TREBLE JIG** | 306TJ2 | 307TJ2 | 308TJ2 | 309TJ2 | 310TJ2 | 311TJ2 | 312TJ2 | 313TJ2 | 314TJ2 |
| ***HORNPIPE** | 306HP2 | 307HP2 | 308HP2 | 309HP2 | 310HP2 | 311HP2 | 312HP2 | 313HP2 | 314HP2 |

## NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).
*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | O14 |
|---|---|---|---|---|---|---|---|---|---|
| **REEL** | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL |
| **LIGHT JIG** | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ |
| **SLIP JIG** | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ |
| ***TREBLE JIG** | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ |
| ***HORNPIPE** | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP |
| **REEL** | 407RL2 | 408RL2 | 409RL2 | 410RL2 | 411RL2 | 412RL2 | 413RL2 | 414RL2 | 415RL2 |
| **SLIP JIG** | 407SJ2 | 408SJ2 | 409SJ2 | 410SJ2 | 411SJ2 | 412SJ2 | 413SJ2 | 414SJ2 | 415SJ2 |
| ***TREBLE JIG** | 407TJ2 | 408TJ2 | 409TJ2 | 410TJ2 | 411TJ2 | 412TJ2 | 413TJ2 | 414TJ2 | 415TJ2 |
| ***HORNPIPE** | 407HP2 | 408HP2 | 409HP2 | 410HP2 | 411HP2 | 412HP2 | 413HP2 | 414HP2 | 415HP2 |

**NOTE** – SECOND CHANCE competitions (all highlighted in **GREEN**) are the same price as the regular competitions, but do not count towards the family max

## PRIZEWINNER

A dancer moves into Prizewinner as a result of placing 1st in that dance. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).
*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | O14 |
|---|---|---|---|---|---|---|---|---|---|
| **REEL** | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL |
| **SLIP JIG** | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ |
| ***TREBLE JIG** | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ |
| ***HORNPIPE** | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP |
| **REEL** | 507RL2 | 508RL2 | 509RL2 | 510RL2 | 511RL2 | 512RL2 | 513RL2 | 514RL2 | 515RL2 |
| **SLIP JIG** | 507SJ2 | 508SJ2 | 509SJ2 | 510SJ2 | 511SJ2 | 512SJ2 | 513SJ2 | 514SJ2 | 515SJ2 |
| ***TREBLE JIG** | 507TJ2 | 508TJ2 | 509TJ2 | 510TJ2 | 511TJ2 | 512TJ2 | 513TJ2 | 514TJ2 | 515TJ2 |
| ***HORNPIPE** | 507HP2 | 508HP2 | 509HP2 | 510HP2 | 511HP2 | 512HP2 | 513HP2 | 514HP2 | 515HP2 |

## FIGURES AND CEILI

**REGISTRATION PROCESS:** Only ONE team member needs to register and will be charged the fee for the entire team. Only the team member who registers will have their dancer number in the stage book and will be considered the "team captain" for whom scores will be given. The "team captain" MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

The team age group is determined by the OLDEST dancer on their team.
All ADULT team members are usually 18 or older.

| *Jan1 – June 30* | 2 HAND | 3 HAND | 4 HAND | 8 HAND |
|---|---|---|---|---|
| TEAM PRICE ➔ | $ 12 | $18 | $24 | $48 |
| **Under 7** | 207FD | 307FD | | |
| **Under 9** | 209FD | 309FD | 409FD | 809FD |
| **Under 11** | 211FD | 311FD | 411FD | 811FD |
| **Under 13** | 213FD | 313FD | 413FD | 813FD |
| **Under 15** | 215FD | 315FD | | |
| **Over 15** | 216FD | 316FD | | |
| **Under 16** | | | 416FD | 816FD |
| **Over 16** | | | 417FD | 817FD |
| **Adult** | 299FD | 399FD | 499FD | 899FD |

# ADULT COMPETITIONS

An **ADULT** dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has not placed in the top 3 of a Prelim Championship within the last 10 years, or competed in Open Championship levels in the youth/& Over levels within the last 15 years.

Dancers who are in the **ADULT** categories cannot enter any competition other than **ADULT** specified competitions, including teams, other than Dance Drama. A dancer who wishes to return to any category other than **ADULT** must remain out of **ADULT** competitions until they retire from dancing for five consecutive years. ADULT DANCERS ARE ALLOWED TO DANCE TRADITIONAL OR OIREACHTAS SPEED DANCES IN THE NOVICE AND PRIZEWINNER GRADE LEVELS.

An **ADVANCED ADULT** dancer is defined as anyone age 18 or older who has previously placed in the top three of a Preliminary Championship within the last 10 years, or competed in Open Championship levels in the youth/& Over levels within the last 15 years. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& Over categories.

Dancers competing at the **ADULT CHAMPIONSHIP** level may move to the Advanced Adult level per teacher's discretion. All Southern Region feiseanna may combine the Advanced Adult levels into one competition in the event that fewer than five Advanced Adult Preliminary level dancers are entered. For Advanced Adult level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Advanced Adult competition of five or more competitors would count towards that progression.

All **ADVANCED ADULT** levels consist of

1. one light round (reel or slip jig) and
2. one heavy round (treble jig or hornpipe)

All **ADULT CHAMPIONSHIP** dancer will perform:

1. 48 bars of reel or 40 bars of slip-jig,
2. 40 bars of the hornpipe or 48 bars of the treble jig, and
3. a Set Dance.

| | Beginner 1 | Beginner 2 | Novice | Prizewinner | ADULT Championship | Advanced Adult Open |
|---|---|---|---|---|---|---|
| **REEL** | 299RL | 399RL | 499RL | 599RL | | |
| **LIGHT JIG** | 299LJ | 399LJ | 499LJ | 599LJ | | |
| **SLIP JIG** | 299SJ | 399SJ | 499SJ | 599SJ | | |
| **TREBLE JIG** | 299TJ | 399TJ | 499TJ | 599TJ | | |
| **HORNPIPE** | 299HP | 399HP | 499HP | 599HP | | |
| **TRADITIONAL SET** | 299TS | 399TS | 499TS | 599TS | | |
| **2 ROUNDS** | | | | | 699AC | 799AAOC |

***Competitions will be combined as best as possible, including combining boys with girls and/or two adjacent age groups to make groups of 5 or more In both preliminary and open championships.***

## PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

Preliminary Championships are open to those who, at any recognized Feis:

a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and

b) Have never won 1st, 2nd or 3rd in Open Championship.

A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.

A dancer is required to perform:

1. a light shoe dance (reel or slip jig for ladies and reel only for men), and
2. a hard shoe dance.

| BOYS/MEN & GIRLS/LADIES | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U16 | U17 | O17 |
|---|---|---|---|---|---|---|---|---|---|---|
| Preliminary Championship | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC |
| Non Trad Set Dance | 609SD | 610SD | 611SD | 612SD | 613SD | 614SD | 615SD | 616SD | 617SD | 618SD |

## OPEN CHAMPIONSHIP – 3 ROUNDS

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform:

1. 48 bars of reel or 40 bars of slip-jig,
2. 40 bars of the hornpipe or 48 bars of the treble jig, and
3. a Set Dance.

| OPEN CHAMPIONSHIP | U9 | U10 | U11 | U11 | U12 | U13 | U14 | U15 | U16 | U17 | U18 | U19 | O19 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| GIRLS / LADIES | 709OC | 710OC | 711OC | 711OC | 712OC | 713OC | 714OC | 715OC | 716OC | 717OC | 718OC | 719OC | 720OC |
| BOYS / MEN | 759OC | 760OC | 761OC | 761OC | 762OC | 763OC | 764OC | 765OC | 766OC | 767OC | 768OC | 769OC | 770OC |

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

# IRISH ARTS

All entries must have an Irish theme or tradition:

| | U12 | U15 | U21 | O21 |
|---|---|---|---|---|
| **Irish ART** | 912A | 915A | 921A | 999A |
| **Irish BAKING - SWEETS** | 912B | 915B | 921B | 999B |
| **Irish BAKING - Savory / breads** | 912BB | 915BB | 921BB | 999BB |

# SPECIALS

Please note that specials do not count towards the family max

| | U12 | U15 | O15 |
|---|---|---|---|
| **Grades TRADITIONAL SET** | 512TS | 515TS | 516TS |

# SOUTHERN REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
   a. Conduct unbecoming a lady or gentleman.
   b. Failure to report on time to compete. (Penalty: disqualification from said event)
   c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or
   d. number, etc.

   Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A $50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of _____(Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
    a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
    b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
    c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
       i. away from the dancing stages and,
       ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

# GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
   a. Must compete in their own age group.
   b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows: Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
   a. **First Feis:** A dancer who has never competed in a Feis. A dancer can

only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

b. **Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)

e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.

f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

| | First Feis | Beg 1 | Beg 2 | Novice | Prizewinner |
|---|---|---|---|---|---|
| Reel | **122** | **122** | **122** | **113** | **113** |
| Light Jig | **115** | **115** | **115** | **115** | **115** |
| Slip Jig | **122** | **122** | **122** | **113** | **113** |
| Single Jig | **124** | **124** | **124** | **124** | **124** |
| Treble Jig | | | **92** | **73/92** | **73/92** |
| Hornpipe | | | **138** | **113/138** | **113/138** |

| Traditional Sets | Traditional Speed |
|---|---|
| St. Patrick's Day | 94 |
| Blackbird | 144 |
| Job of the Journeywork | 138 |
| Three Sea Captains | 96 |
| Garden of Daisies | 138 |
| Jockey to the Fair | 90 |
| King of the Fairies | 130 |

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

# CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
   a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
   b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships
   a. Are open to those who at any CLRG-registered Feis:
      i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
      ii. Have never won 1st, 2nd or 3rd in an Open Championship.
   b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
   c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship
      i. competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
   d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.
   e. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
5. In the event the same organization is running 2 feis' in one weekend the following must occur:
   a. On Championship competitions , 2/3 of adjudicators must be different from the previous day.
   b. 2nd chance competitions may only be offered on one feis.

# FIGURE/VEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
   a. There are no restrictions on figure age groups
   b. Figure age groups will be determined by the oldest dancer.
   c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

# ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

# COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
2. Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
3. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
4. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
5. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

# MODESTY RULES

FROM AN COIMISIUN

1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
2. Respect for fellow competitors on stage is a requirement at all times.
3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

**The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.**