

WEST COAST TEACHER CHARITY FEIS APRIL 19-21

FEIS IS RESTRICTED TO US WESTERN REGION CLRG DANCERS ONLY!

Online Feis hosted by

VideoFeis



www.videofeis.com

Online registration and tabulation with



www.QUICKFEIS.com

Online registration ends on APR 17

HOW DOES THIS WORK

- Register and pay online at <u>www.quickFeis.com</u> for the feis up to end of day APR 17
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- As soon as you have your dance card, start practice and record your video
 - Use your <u>smartphone</u> for the video
 - o You must wear your dancer number
 - o Must be in landscape mode
 - Dancer must be <u>alone</u> in video
 - o Music must be clear
 - Create a separate video for each dance
 - No editing allowed
 - See additional guidelines below
- Starting APR 19 go to VIDEOFEIS, log in with your QuickFeis account and upload all your videos
 - You may begin to upload your video no sooner than APR 19
 - Dancers must dance in space that is 8 ft x 8 ft or bigger
 - ALL videos must be uploaded by 8:00 pm APR 21
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

ADJUDICATORS

Sheila Bremer USA Grainne Feely Ireland

Brian Geraghty Ireland

Mary Honan Ireland

Marnie Maple USA Christina Ryan USA

ENTRY FEES:

- Full payment is due at time of registration. Your registration is not complete until your payment is received.
- All unpaid registrations will be dropped at the end of online registration period.
- · US Funds ONLY will be accepted
 - Online registration will accept credit card payment only.
 - o Sorry no checks will be accepted at any time
- Payment must be made at the time of registration
- Online registration will close on APR 17
 Afterwards no additional registrations or changes will be accepted.
- ALL dancers that already paid for their entry will have a QuickFeis "credit" upon registration.

To ensure this works smoothly, we ask that you use the same email address for your QuickFeis account as you used when registering with FeisWorx.

• ABSOLUTELY NO REFUNDS!

	FEIS FEES:
Grades LIGHT Shoe	\$ 20 per competitor
Grades HEAVY Shoe	\$ 15 per competitor
ALL Championship (3 rounds)	\$ 50 per dancer
SPECIALS	\$ 10 per competitor per entry
EVENT FEE	\$ 30 per family

FEIS SPECIFIC RULES:

- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority.
- Ensure the dance space is safe, uncluttered, and not slippery
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- All non-champ dances are 32 bars with the exception of specials
- Championship dancers will dance 40 bars in slip jig and hornpipe, 48 bars for reel and jig
- Adult championships will perform 32 bars for light and heavy.
- All results excluding special competitions count toward level advancement

MUSIC

All feis music provided by BEAT Feis Music



ALL music must be at this speed:

	First Feis	Beginner	Beginner 2	Novice/ Prizewinner	
Reel	122	122	122	113	
Light Jig	115	115	115	115	
Slip Jig	122	122	122	113	
Single Jig	124	124	124	124	
Treble Jig	-	92	92	73/92	
Hornpipe	-	138	138	113/13/2	

NUMBERING SYSTEM

1 st Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	Age Group, so "05" means under 5, "11" means under 11, … Boys ages groups start with the 50's – so "57" means boys under 7
4 th and 5 th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE SP = ST PATRICK DAY TS = TRADITIONAL SET

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2021	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
Born in:	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

FIRST FEIS

Dancers will dance 32 bars

	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>011</u>
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN

BEGINNER 1 (BEGINNER)

Dancers will dance 32 bars

	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>012</u>
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN
TREBLE JIG	205TJ	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ
HORNPIPE	205HP	206HP	207HP	208HP	209HP	210HP	211HP	212HP	213HP
St. PATRICKS DAY	205SP	206SP	207SP	208SP	209SP	210SP	211SP	212SP	213SP



BEGINNER 2 (ADVANCED BEGINNER)

Dancers will dance 32 bars

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>013</u>
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP
St. PATRICK'S DAY	306SP	307SP	308SP	309SP	310SP	311SP	312SP	313SP	314SP

NOVICE

Dancers will dance 32 bars

* Choice of fast or slow speed in Treble jig and Hornpipe

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
*HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS

PRIZE WINNER (OPEN)

Dancers will dance 32 bars

* Choice of fast or slow speed in Treble jig and Hornpipe

REEL 507RL 508RL 509RL 510RL 511RL 512RL 513RL 514RL 515RL 516RL LIGHT JIG 507LJ 508LJ 509LJ 510LJ 511LJ 512LJ 513LJ 514LJ 515LJ 516LJ SLIP JIG 507SJ 508SJ 509SJ 510SJ 511SJ 512SJ 513SJ 514SJ 515SJ 516SJ SINGLE JIG 507SN 508SN 509SN 510SN 511SN 512SN 513SN 514SN 515SN 516SN
SLIP JIG 507SJ 508SJ 509SJ 510SJ 511SJ 512SJ 513SJ 514SJ 515SJ 516SJ SINGLE JIG 507SN 508SN 509SN 510SN 511SN 512SN 513SN 514SN 515SN 516SN
SINGLE JIG 507SN 508SN 509SN 510SN 511SN 512SN 513SN 514SN 515SN 516SN
*TREBLE JIG 507TJ 508TJ 509TJ 510TJ 511TJ 512TJ 513TJ 514TJ 515TJ 516TJ
*HORNPIPE 507HP 508HP 509HP 510HP 511HP 512HP 513HP 514HP 515HP 516HP
TRADITIONAL SET 507TS 508TS 509TS 510TS 511TS 512TS 513TS 514TS 515TS 516TS



ADULT COMPETITIONS

	Beginner 1 and 2	Novice / Prizewinner
REEL	399RL	599RL
LIGHT JIG	399LJ	599LJ
SLIP JIG	399SJ	599SJ
TREBLE JIG	399TJ	599TJ
HORNPIPE	399HP	599HP

PRELIMINARY CHAMPIONSHIP - 3 ROUNDS

Dancers will perform:

- 48 bars of the reel or 40 bars of the slip jig
- 48 bars of the treble jig or 40 bars of the hornpipe
- Any set (Under 9 and younger must perform a traditional set)

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>017</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIP – 3 ROUNDS

Dancers will perform:

- 48 bars of the reel or 40 bars of the slip jig
- 48 bars of the treble jig or 40 bars of the hornpipe
- Any set (Under 9 and younger must perform a traditional set)

	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>019</u>
OPEN CHAMPIONSHIP	710OC	7110C	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC



SPECIALS

	<u>Grades</u>	<u>Championship</u>
Traditional Set (\$10 each)	599TSS	799TSS
Adult Championship (\$50) 32 Bars Light Shoe, 32 Bars Heavy & Traditional Set	•	799OC

TREBLE REEL (\$10 EACH)

Dancers will perform one treble reel step

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>017</u>
Grades TR	509TR	510TR	511TR	512TR	513TR	514TR	515TR	516TR	517TR	518TR
PC TR	609TR	610TR	611TR	612TR	613TR	614TR	615TR	616TR	617TR	618TR
OC TR	709TR	710TR	711TR	712TR	713TR	714TR	715TR	716TR	717TR	718TR
ADULT TR					999TR					

BOYS LIGHT JIG SPECIAL

GIRLS REEL SPECIAL

Open to BOYS only Dancers will dance 32 bars of a jig \$10 per dancer Open to GIRLS only Dancers will dance 16 bars of a reel \$10 per dancer

	<u>U7</u>	<u>U9</u>	<u>U11</u>	<u>011</u>		<u>U7</u>	<u>U9</u>	<u>U11</u>	<u>011</u>
First Feis Beginner 1 Beginner 2	457LJB	459LJB	461LJB	462LJB	First Feis Beginner 1 Beginner 2	407RLG	409RLG	411RLG	412RLG
Novice Prizewinner	557LJB	559LJB	561LJB	562LJB	Novice Prizewinner	507RLG	509RLG	511RLG	512RLG
ADULT	599LJB				ADULT	599RLG			



VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
 - o Grades will submit one video per dance competition
 - Prelim champs will submit two videos (one soft shoe + one hard shoe)
 - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social medial.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- ONLY THE DANCER IS ALLOWED IN THE VIDEO Teachers/parents/others may NOT be visible
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video.
 Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - o webm video format will not be accepted
 - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.

- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor (avoid being on the side)
 - Videographer can pan side to side to keep the dancer full body within the video frame
- <u>Video must be in LANDSCAPE mode</u> (not portrait mode – see image below)





- Video for each dance must be one continuous front
 FULL BODY SHOT head AND feet must be visible at all times throughout the video.
- The video must be cropped with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- It is the dancer's responsibility to upload the correct video for each competition.
 - Dancers will have the opportunity to view their uploaded videos to verify that the correct video was uploaded, and make changes as necessary <u>during</u> the uploading period only.
 - After uploading period is expired, no corrections will be allowed (no switching or exchanging videos).
 Neither the VideoFeis nor the organizers will permit any requests to switch or replace any videos.
 - Incorrectly uploaded videos will be disqualified from the feis!
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any technical or rules reason.

COMPETITION RULES

- Results from this feis will count towards level advancement per regional rules
- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

DANCING RULES

- DANCER MUST WEAR THEIR DANCER NUMBER during their entire dance
- ONLY THE DANCER IS ALLOWED IN THE VIDEO Teachers/parents/others may NOT be visible
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- Championship dancers must dance all rounds on the same size stage. All rounds will only be accepted in a single stage category (no mixing of stage sizes for different rounds).
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed no other form of coaching is allowed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them. Upon uploading their videos they will be asked what space they used:
 - LARGE = 8 ft x 8 ft or bigger
 - o SMALL = smaller than 8 ft x 8 ft
- Championship dancers must dance all rounds on the same size stage. All rounds will only be accepted in a single stage category (no mixing of stage sizes for different rounds).
- Area should be well lit so that the dancer is clearly visible throughout the video.
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.
- No school logo, signage, and or symbol may be visible in the video. The video cannot have anything that can identify the dancer's school or affiliation.

MUSIC / SOUND

- Music cannot be dubbed over the video the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- All dancers must use music provided by BEAT Music ap
- No live music allowed (no musicians playing)
- Music must be loud enough to hear on the video
- Music speed must be according to the official syllabus and standard feis speeds
 - No speed variations is allowed
 - Music cannot speed up nor slow down
- No other sound except the music and dancer's shoes should be heard on the video

No talking No singing along No coaching



COSTUMES

- · All rules as per CLRG Costume policies
- Dancer may wear Solo or Team Costumes, or;
 White or black short sleeve t-shirt or leotard, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
- Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
- No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
- Correct Soft and Hard Shoes and proper socks or tights must be worn at all times.
- · No carriage aids allowed
- Natural hair or wigs are allowed, hair must be off dancer's face
- Make-up (per CLRG)
 - Make-up will not be permitted for any dancer in in First Feis, Beginner 1, and Beginner 2 up to and including the under 12 age group worldwide.
 - Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group
- You must wear your dancer number at all times during your video – failing to wear your number may disqualify your video!

RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation
- QuickFeis will tabulate and post all results on the QuickFeis website
- Results from this feis will count towards level advancement per regional rules
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

ADJUDICATION

- · The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition
- In matters pertaining to judging, the decision of the adjudicators is final

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
 - Feis Adjudicator(s)
 - Feis Organizer(s)
 - o School dance teacher(s) (of that dancer)
 - o VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.



PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- BASIC Permission is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
 - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- <u>ADDITIONAL Permission</u> (optional) will be requested and may be denied for VideoFeis to use the videos for:
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release West Coast Teacher Association, its teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

LEVEL ADVANCEMENT AND DEFINITION

As specified in the Western US Region Standard Syllabus

- <u>First Feis</u> is not per dance, it is the first Feis ever for the dancer. A dancer has only one 'first feis' regardless of how many dances they are doing. Dancers may enter First Feis only once, even in cases of back-to-back feiseanna.
- In <u>Beginner 1</u>, <u>Beginner 2</u> and <u>Novice</u> the following will apply:
 - 5 9 dancers 1st place will advance to the next grade
 - 10 or more dancers 1st and 2nd places will advance to the next grade
- Dancers may not stay in level at Teacher discretion, with the exception of back-to-back feiseanna.
- <u>Prizewinner</u>: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.
- <u>Preliminary</u> to <u>Open</u> Championship: Must have 3 overall wins with 5 or more dancers, not at teacher discretion. Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of backto-back Feiseanna. This includes 2 round and 3 round Preliminary Championships.
- Adults: Dancers who stared after the age of 18 or have been out of conventional competitions for 5 years.

The West Coast Teachers Charity Feis and any organization affiliated with the same, including, but not limited to the Michael Dillon School of Irish Dancing and the Kennelly School of Irish Dancing, will not be held responsible or liable for personal injury, property loss and/or damage. By entering this Feis, the entrant and/or the entrant's parent or legal guardian agrees to indemnify and hold harmless the West Coast Teachers Charity Feis, the Feis Committee, Feis Volunteers, the Michael Dillon School of Irish Dancing and the Kennelly School, for any liabilities or personal injury as a result of the entrant's participation.

